

Welcome to adult summer camp!

Adult summer camps are surging in popularity as a way for adults to escape daily pressures, reconnect with their "inner child," and build new communities. Offering a nostalgic blend of classic camp activities like archery, canoeing, and campfires alongside adult-oriented options such as wine tastings and late-night parties, these getaways provide a structured environment to unplug, try new things, and find camaraderie.

Why They're Popular –

Nostalgia & Escapism: Adults seek to recapture the joy and simplicity of childhood summer camps, providing an escape from the responsibilities of adult life.

Community & Connection: Many attend to combat loneliness and burnout, finding it easier to form connections and friendships in the informal camp setting.

Unplugging: These camps offer an intentional space to disconnect from phones and digital distractions, fostering deeper engagement with activities and other people.

Trying New Things: Campers are encouraged to explore new identities and activities, from arts and crafts to adventure sports, without the pressure to perform well.

What to Expect

A Planned Experience: Camp activities are planned, allowing adults to relax and participate without having to plan their own days.

Traditional & Modern Activities: Expect a mix of classic camp experiences like archery, hiking, and campfires, along with new additions such as mixology classes, water skiing, and themed parties.

Social Atmosphere: Camps are known for their social events, live music, and opportunities to meet new people.

Variety of Options: There are many types of adult camps available, from ladies-only to wellness retreats and general interest camps for adults of all ages.

The camps appeal to a desire for simpler times and a sense of community, with some featuring themed programs and a focus on social bonding and relaxation.