



# Summer In-Person Schedule | July 1, 2024 - September 6, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>10:15a - 11:15a</b> Cognitive Stimulation Therapy <b>In-Person</b>   MWF   <b>Course</b> Gathering Room B	<b>10:15a - 11:15a</b> Creative Collaging <b>In-Person</b>   T   <b>Course</b> Art Studio *no class 7/16 & 8/27	<b>10:00a - 11:30p</b> Intro to Pottery with Shelby <b>In-Person</b>   WF   <b>Course</b> Art Studio	<b>10:15a - 11:15a</b> Modern Abstract Art <b>In-Person</b>   Th   <b>Course</b> Art Studio	<b>10:00a - 11:00a</b> LiveWell 101 Alt. <b>In-Person/Virtual</b>   F   Program Location TBA
<b>10:15a - 11:15a</b> Fitness for Every Day <b>In-Person</b>   MWF   <b>Program</b> Center Studio	<b>10:30a - 11:30a</b> Cognitive Stimulation Therapy <b>In-Person</b>   T/Th   <b>Course</b> *Exclusive to Residents Reflections Room	<b>10:15a - 11:15a</b> Cognitive Stimulation Therapy <b>In-Person</b>   MWF   <b>Course</b> Gathering Room B	<b>10:30a - 11:30a</b> Yoga for Every Body <b>In-Person</b>   TH   <b>Course</b> Movement Studio	<b>10:00a-11:30a</b> Intro to Pottery with Robert <b>In-Person</b>   WF   <b>Course</b> Art Studio
<b>10:15a - 11:15a</b> Brain Fitness <b>In-Person</b>   M   <b>Program</b> Learning Lab *Exclusive to Off-Campus Community	Cognitive Stimulation Therapy- World Travels <b>In-Person</b>   T/Th   <b>Course</b> *Exclusive to Residents Gathering Room C	<b>11:30p - 12:30p</b> Fitness for Every Day Encore <b>In-Person</b>   MWF   <b>Program</b> Center Studio	Cognitive Stimulation Therapy- World Travels <b>In-Person</b>   T/Th   <b>Course</b> *Exclusive to Residents Reflections Room	<b>10:15a - 11:15a</b> Cognitive Stimulation Therapy <b>In-Person</b>   MWF   <b>Course</b> Gathering Room B
<b>11:30p - 12:30p</b> Fitness for Every Day Encore <b>In-Person</b>   MWF   <b>Program</b> Center Studio	<b>11:00a - 1:00</b> Meet Up Socials <b>In-Person</b>   4th Tuesdays Locations Vary	<b>1:00p - 2:00p</b> Reading Club <b>In-Person</b>   1st & 3rd W   <b>Social</b> Gathering Room B	Cognitive Stimulation Therapy- World Travels <b>In-Person</b>   T/Th   <b>Course</b> *Exclusive to Residents Gathering Room C	<b>11:30p - 12:30p</b> Fitness for Every Day Encore <b>In-Person</b>   MWF   <b>Program</b> Center Studio
<b>11:30a - 1:00p</b> Resilient Living Series <b>Hybrid</b>   M   <b>Program</b> Gathering Room B	<b>11:30a - 12:30p</b> Fitness for Every Day <b>In-Person</b>   T/Th   <b>Program</b> *Exclusive to Residents Center Studio	<b>1:00p - 2:00p</b> Reading Club <b>In-Person</b>   1st & 3rd W   <b>Social</b> Gathering Room B	<b>11:30a - 12:30p</b> Social Café <b>In-Person</b>   TH   Social Gathering Room B	<b>11:30p - 12:30p</b> Fitness for Every Day Encore <b>In-Person</b>   MWF   <b>Program</b> Center Studio
<b>1:30p - 3:00p</b> Community Music Jam <b>In-Person</b>   MW   <b>Program</b> Movement Studio	<b>1:00p - 1:30p</b> Parkinson's Movement Clinic <b>In-Person</b>   T   <b>Course</b> Thrive with Parkinson's Series Movement Studio	<b>1:30p - 3:00p</b> Community Music Jam <b>In-Person</b>   MW   <b>Program</b> Movement Studio	Fitness for Every Day <b>In-Person</b>   T/Th   <b>Program</b> *Exclusive to Residents Center Studio	<b>1:30p - 2:30p</b> Reading Club <b>In-Person</b>   F   <b>Program</b> Center Studio River View *Exclusive to River Home Residents
Open Art Studio <b>In-Person</b>   MW   <b>Program</b> *Exclusive to Residents Art Studio	<b>1:00p - 1:30p</b> Parkinson's Movement Clinic <b>In-Person</b>   T   <b>Course</b> Thrive with Parkinson's Series Movement Studio	Open Art Studio <b>In-Person</b>   MW   <b>Program</b> *Exclusive to Residents Art Studio	<b>1:30p - 3:00p</b> Cognitive Stimulation Therapy <b>In-Person</b>   T/TH   <b>Course</b> Gathering Room C	<b>2:30p - 3:30p</b> Friendship Club <b>In-Person</b>   F   <b>Social</b> *Exclusive to Residents Performance Studio
<b>3:00p - 4:00p</b> Circle of Friends <b>In-Person</b>   MW   <b>Program</b> Learning Lab *Exclusive to Residents & Families	<b>1:30p - 2:00p</b> Parkinson's Movement Clinic ENCORE <b>In-Person</b>   T   <b>Course</b> Thrive with Parkinson's Series Movement Studio	<b>3:00p - 4:00p</b> Circle of Friends <b>In-Person</b>   MW   <b>Program</b> Learning Lab *Exclusive to Residents & Families	<b>2:00p - 3:00p</b> Fall Prevention <b>In-Person</b>   T/TH   <b>Program</b> Movement Studio *Exclusive to Off-Campus Community	<b>3:30p - 4:30p</b> Beginners Tai Chi <b>In-Person</b>   MWF   <b>Program</b> Movement Studio
<b>3:30p - 4:30p</b> Beginners Tai Chi <b>In-Person</b>   MWF   <b>Program</b> Movement Studio	<b>1:30p - 2:30p</b> Introduction to Poetry <b>In-Person</b>   T   <b>Program</b> Media Room	<b>3:30p - 4:30p</b> Beginners Tai Chi <b>In-Person</b>   MWF   <b>Program</b> Movement Studio	<b>3:30p - 5:00p</b> Music Appreciation <b>In-Person</b>   T/TH   <b>Program</b> Media Room	
<b>4:30p - 5:00p</b> Employee HIIT <b>In-Person</b>   M   <b>Program</b> Fitness Studio *Exclusive to Employees	<b>1:30p - 3:00p</b> Cognitive Stimulation Therapy <b>In-Person</b>   T/TH   <b>Course</b> Gathering Room C			
	<b>2:00p - 3:00p</b> SING OUT Choir <b>In-Person</b>   T   <b>Course</b> Thrive with Parkinson's Series Reflections Room			
	Fall Prevention <b>In-Person</b>   T/TH   <b>Program</b> Movement Studio *Exclusive to Off Campus Community			
	<b>2:00p - 3:30p</b> Healthy Lifestyles w/ Erica <b>In-Person</b>   T   <b>Course</b> August 6th to October 8th Resilient Living Center			
	<b>3:30p - 5:00p</b> Music Appreciation <b>In-Person</b>   T/TH   <b>Program</b> Media Room			