

Introductory Kick-Off Session



Empowering Partnerships

Preparing People with Dementia
to Partner with Researchers

Welcome to today's session!

As we begin our time together, please answer the following questions.

We will be sharing these reflections with each other in today's session.

Please tell us about something that is meaningful to you right now or share a positive experience that you've had in the past few months.

Determining what topics and priorities matter to people living with dementia is one focus of the Empowering Partnerships project. And what matters to each of us is largely determined by our values. Gaining clarity on our values will be helpful for our work together. When you think about your answer above, what values of yours come to mind? Below is a list of common values. Please check 3-5 values which are related to your reflections above.

- | | | | |
|--|---------------------------------------|---|--|
| <input type="checkbox"/> Achievement | <input type="checkbox"/> Fun | <input type="checkbox"/> Loyalty | <input type="checkbox"/> Respect |
| <input type="checkbox"/> Adventure | <input type="checkbox"/> Growth | <input type="checkbox"/> Making a
Contribution | <input type="checkbox"/> Responsibility |
| <input type="checkbox"/> Balance | <input type="checkbox"/> Happiness | <input type="checkbox"/> Meaningful Work | <input type="checkbox"/> Security |
| <input type="checkbox"/> Beauty | <input type="checkbox"/> Honesty | <input type="checkbox"/> Nature | <input type="checkbox"/> Self-Respect |
| <input type="checkbox"/> Compassion | <input type="checkbox"/> Humor | <input type="checkbox"/> Openness | <input type="checkbox"/> Service |
| <input type="checkbox"/> Community | <input type="checkbox"/> Independence | <input type="checkbox"/> Optimism | <input type="checkbox"/> Stability |
| <input type="checkbox"/> Creativity | <input type="checkbox"/> Integrity | <input type="checkbox"/> Peace | <input type="checkbox"/> Success |
| <input type="checkbox"/> Determination | <input type="checkbox"/> Justice | <input type="checkbox"/> Pleasure | <input type="checkbox"/> Status |
| <input type="checkbox"/> Fairness | <input type="checkbox"/> Kindness | <input type="checkbox"/> Relaxation | <input type="checkbox"/> Trustworthiness |
| <input type="checkbox"/> Faith | <input type="checkbox"/> Knowledge | <input type="checkbox"/> Recognition | <input type="checkbox"/> Wealth |
| <input type="checkbox"/> Family | <input type="checkbox"/> Learning | <input type="checkbox"/> Religion/Spirituality | <input type="checkbox"/> Wisdom |
| <input type="checkbox"/> Friendships | <input type="checkbox"/> Love | | <input type="checkbox"/> Other: _____ |

Please answer the following question.

Think about a “successful” partnership (current or past). This does NOT have to be related to research. Perhaps it’s a friendship, a marriage. ***What is it about this partnership that makes it successful? (Example: mutual respect).*** Write down some of your thoughts, and we will share some of our examples during the session



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