

Personal Action Plan



Empowering Partnerships

Preparing People with Dementia to Partner with Researchers

After participating in *Empowering Partnerships*, I plan to...

- Sign the Dementia Peer Coalition Advocate Pledge to support DPC activities
- Attend Dementia Peer Coalition REACH Meetings (*for persons living with dementia and care partners*) to learn about research opportunities
- Lend my voice to research about ME by being willing to be contacted by researchers (*for persons living with dementia and care partners*)
- Contact people living with dementia and/or care partners to collaborate and partner on research projects (*for researchers*)
- Continue to empower persons living with dementia to actively engage research
- Stay updated on *Empowering Partnerships* opportunities and spread the word
- Join the A-List
 - <https://www.usagainstalzheimers.org/networks/A-LIST>
- Sign up for Clinical Trial
 - <https://medicine.yale.edu/psychiatry/alzheimers/clinical/>
 - <https://trialmatch.alz.org/find-clinical-trials#createaccount>
 - <https://www.nia.nih.gov/alzheimers/clinical-trials>
- Other _____
- Other _____

Signed _____ Date _____