

## **LIVEWELL SAFETY PLEDGE**

I pledge to uphold the following practices to protect myself and the health and safety of those who live at LiveWell. As a part of this pledge throughout my daily routines, I will:

- Always wear a mask while in public spaces covering my mouth and nose.
- Practice responsible safe distancing by staying at least 6 feet apart from others
- Practice thorough and frequent hand hygiene
- Refrain from social situations that are considered high risk (examples: eating inside of restaurants and participating in social gatherings of more than 10 people)
- Track and record my health

As a part of this pledge when I am visiting at LiveWell, I will:

- Always wear a mask and face shield
- Practice responsible safe distancing by staying at least 6 feet apart from others
- Recognize that the person I am visiting may be unable to refrain from physical contact, so I will be judicious with my physical contact if it occurs
- Practice thorough and frequent hand hygiene especially if physical contact occurs
- Receive a COVID-19 test at least 48 hours prior to each visit
- Arrive early and check in for each visit
- Respect that visits cannot exceed 30 minutes
- Respect that no more than 3 people can visit at a time
- Respect that visitors must be at least 16 years of age (note: approval of children under age 16 may be made with a special approved request)
- Refrain from eating or drinking during my visit
- Refrain from bringing food or drink to LiveWell
- Shower before visiting at LiveWell
- Travel directly from home to LiveWell (not stopping to shop, eat or work on the way to LiveWell)
- Report any symptoms of COVID-19 that I have, or that my family members have
- Report any contact I have with other health care providers
- Report any contact I have had with anyone who has had COVID-19 or COVID-19 symptoms
- Receive a COVID-19 negative test result prior to traveling from outside of Connecticut to visit at LiveWell
- Help to disinfect the visiting area after my visit
- Dispose of my face mask in the designated areas
- Alert the staff at LiveWell if I witness anything unsafe

Name: \_\_\_\_\_

Date: \_\_\_\_\_